

		Key stage 3			key stage 4			key stage 5		
Cultural capital	Recommended books to read	Recommended films./shows to watch	Recommended places to visit	Recommended books to read	Recommended films./shows to watch	Recommended places to visit	Recommended books to read	Recommended films./shows to watch	Recommended places to visit	
Food	Exploring food and Nutrition for KS3 - Hodder publications. Foodafactoflife. BNF	Programmes that showcase how to make a product healthier - Healthy eating. Jamie oliver based cooking programmes. Eat well for less. Back in time for.....	Fresh food markets. Farms to gain an insight into food provenance. Restaurants with families/friends to look into the social aspect of eating.	Food preparation and nutrition - OCR hodder publications. Foodafactoflife. BNF. NHS Healthy diet.	Programmes that showcase how to make a product healthier - Healthy eating. Nutritional programmes. Celebrity chef programmes. Eat well for less. Back in time for.....Masterchef. GBBO.	Fresh food markets. Different style of restaurants, offering different cuisine, with families/friends to look into the social aspect of eating. Farms to gain an insight into food provenance. Food festivals.	Food preparation and nutrition - OCR hodder publications. Foodafactoflife. BNF. NHS Healthy diet	Masterchef, nutritional programmes, GBBO,	Farms, food factories to gain a deeper understanding of food production and provenance. Borough market - London. Different cuisine restaurants. Street food markets/festivals to expand upon different food cultures.	
Art / Product design / Graphic communication / Three dimensional design	"The Art Book", "Graphic Design for Art, Fashion, Film, Architecture, Photography, Product Design & Everything In Between"	Portrait artist of the year, You tube videos looking at photoshop tutorials, George Clarke's amazing spaces, Grand Designs. The "Arts" category on BBC i-player.	Birmingham Museum and art gallery, Walsall Art Gallery, Harry Potter studios	"The Art Book", "Graphic Design for Art, Fashion, Film, Architecture, Photography, Product Design & Everything In Between"	Portrait artist of the year, You tube videos looking at photoshop tutorials, George Clarke's amazing spaces, Grand Designs. The "Arts" category on BBC i-player.	Birmingham Museum and art gallery, Walsall Art Gallery, Harry Potter studios	"The Art Book", "Graphic Design for Art, Fashion, Film, Architecture, Photography, Product Design & Everything In Between"	Portrait artist of the year, You tube videos looking at photoshop tutorials, George Clarke's amazing spaces, Grand Designs. The "Arts" category on BBC i-player.	Birmingham Museum and art gallery, Walsall Art Gallery, Harry Potter studios	